Combined Gwent League and Cardiff Cross Challenge Fixture, 11/11/23

Once again, we are pleased that our Cardiff Gwent League fixture will be held in conjunction with the Cardiff Cross Challenge, on Saturday 11th November. As well as being the first fixture of the nationwide British Cross Challenge Series, the event will also be a World Athletics Cross Country Tour Gold Label Event, so you'll be able to shine against some of the world's finest cross-country runners.

To Enter Both Events

If you want your run to count in **both** the Gwent League and the Cardiff Cross Challenge, then you need to <u>enter the Cardiff Cross Challenge</u>. Entries **close on Thursday 2nd November** (more than a week before the event), so don't hang about.

Pick up your **Cardiff Cross number** on the day (which will be bar coded) and **just wear that number**. We'll include you in the Gwent League results by spotting that you are also on the Gwent League registration system (our scanners will recognise the Cardiff Cross Numbers).

Do still hang on to your Gwent League number as you'll need that for the Blaise Castle fixture. **If you didn't run at Pembrey**, please do ensure that you have been assigned a number on your club's GL declaration system or we might miss you (but you won't need that number until Blaise Castle).

There's no need to tell us separately (we'll be checking for runners from all GL affiliated clubs). We do still charge the usual match fee.

To Just Be Part of the Gwent League

If you don't intend to run other GB Cross Challenge races around the UK, there's no need to enter the Cardiff Cross Challenge separately. **Just wear your Gwent League number as usual** at Cardiff. We'll be scanning all numbers at the finish.