Team Awards for 2023/24 season			
U23	Women	Men	
1	Cardiff University AC	Bristol University	
Universities			
1	Cardiff University AC	Bristol University	
2	<b>Bristol University</b>	University of Swansea	
Senior			
1	Les Croupiers Running Club	<b>Bristol and West Athletic Club</b>	
35			
1	Parc Bryn Bach Running Club	Bristol and West Athletic Club	
2	Westbury Harriers	Pontypridd Roadents Athletic Club	
45			
1	Chepstow Harriers	Pontypridd Roadents Athletic Club	
2	Westbury Harriers	Les Croupiers Running Club	
55			
1	Westbury Harriers	Wells City Harriers	
2	<b>Chepstow Harriers</b>	Lliswerry Runners	
65			
1	Westbury Harriers	Neath Harriers	

Div 1			
	1	Les Croupiers Running Club	<b>Bristol and West Athletic Club</b>
	2	Westbury Harriers	Parc Bryn Bach Running Club
	3	Parc Bryn Bach Running Club	Pontypridd Roadents Athletic Club
Div 2			
	1	Aberdare Valley A.A.C	North Somerset
	2	<b>Brecon Athletic Club</b>	Lliswerry Runners
Div 3			
	1	Amman Valley Harriers	<b>Bristol University</b>
	2	North Somerset	Pembrokeshire Harriers
Div 4			
	1	N/A	Clevedon AC
	2	N/A	<b>Amman Valley Harriers</b>
Reserve			
	1	Westbury Harriers 'B'	Bristol and West Athletic Club 'C'
Div B			
	1	N/A	Bristol and West Athletic Club 'B'