## The John H Collins Gwent Cross Country League Blaise Castle, Kings Weston Road, BS10 7QT Saturday 2nd December 2023

 Small Lap
 A - B - F - G - H - I - J - K - (A or Finish)
 1660m

 Medium Lap
 A - B - C - E - F - G - H - I - J - K - (A or Finish)
 2160m

 Large Lap
 A - B - C - D - E - F - G - H - I - J - K - (A / Finish)
 2940m

Club House: T-Shirts & First Aid (in front)

11:30	U11 Girls	1 Small Lap	1600m
11:40	U11 Boys	1 Small Lap	1600m
11:50	U13 Girls	1 Large Lap	2900m
12:05	U13 Boys	1 Large Lap	2900m
12:20	U15 Girls	1 Small + 1 Medium Lap	3800m
12:40	Senior Women + Masters	1 Small + 1 Medium + 1 Large	6700m
13:25	U15 Boys	1 Small + 1 Medium Lap	3800m
13:45	U17/U20 Men	1 Medium + 1 Large Lap	5100m
14:10	U17/U20 Women	1 Small + 1 Large Lap	4600m
14:35	Senior Men + Masters	3 Large Laps	8800m



Car Parking may be difficult (arrive early and be prepared to walk); See Event Information for More Parking.